

VNA

Visiting Nurse
Association

Physical Therapy



Colin Grafft, MPT, CSCS
VNA Physical Therapist

Education

- Masters, Physical Therapy
University of Iowa

Certifications

- Certified Strength and
Conditioning Specialist,
National Strength and
Conditioning Association

“ I’m thankful every day that I work for a home-based nonprofit. It allows me to focus on a patient’s needs and goals with fewer distractions from what I joined healthcare to do: help people. I love to see the power of change in lifestyle, activity, posture, mechanics, and diet improving a patient’s ability to function independently. ”

Upon graduation from PT school at the University of Iowa, Colin Grafft worked with orthopedic injuries, pre- and post-operative rehabilitation, and injury prevention/ strength and performance development at the high school and college levels. He has been a physical therapist for the VNA since 2009 where he has provided a bridge from injury/hospitalization to return to function in the home/ community/outpatient therapy with a goal of exceeding baseline activity.

The Visiting Nurse Association of Johnson County has provided healthcare services to improve the health and the lives of individuals and the community since 1949. We bring skilled care and professional therapy home, resulting in increased independence and reduced hospital stays. When you need expert home care, remember VNA.

319-337-9686



part of the

Iowa Care
Community