

VNA

Visiting Nurse
Association

Homemaker Program

Small actions leading to big benefits

*Some help with the
dishes...*



*keeping
the floor
clean...*



*a few loads
of laundry...*



*minor home
maintenance...*



*and taking out
the trash...*



*help make a
safer home.*

The Visiting Nurse Association of Johnson County (VNA) needs your help.

Based in Iowa City, VNA is a community-based nonprofit that has served Johnson County since 1949. VNA helps patients retain their health and independence, helping them recover from accidents and illness, cope with chronic conditions, and return to strength after surgery. VNA works with the patient's physician to supply appropriate skilled nursing care as well as physical therapy, occupational therapy, and speech therapy to homebound patients.

With VNA home care, patients stay in comfortable, familiar surroundings. Life has fewer disruptions and costs are significantly lower than a temporary stay at a nursing home, rehab facility, or hospital.

Our patients also benefit from homemaking services. VNA's expert homemakers help patients stay safe and independent by assisting with minor home maintenance, cleaning, laundry, and essential errands like grocery shopping. **These homemaking services, often overlooked by insurance but deeply appreciated by recipients, can help patients avoid expensive facility care or repeated hospital stays.**

Funding from the State of Iowa has long supported our homemakers, but **recent cuts eliminated this cost-effective public health program from the budget.** VNA has been self-subsidizing this vital service since June 30, 2023 because it is so important to our patients.

Each homemaker visit costs VNA about \$30 in salaries, travel, and administrative expenses. These costs are rarely reimbursed by any form of insurance. Fully funded, our Homemaker Program would provide nine visits per month, or **\$270 per month per patient.** In 2020, a **single day hospital stay** in Iowa averaged \$1786 – the cost of **more than six months of homemaker visits!**

A gift of any size would truly make a difference in the lives of homebound patients, and help VNA live our mission: To provide healthcare services that improve the health and the lives of individuals and the community.

319-337-9686

fax 319-337-5566 • 1524 Sycamore Street, Iowa City, IA 52240 • www.vnaic.org



part of the

Iowa Care
Community